

Personal fitness and weight management training (R200 per session \*home visits: +R50)

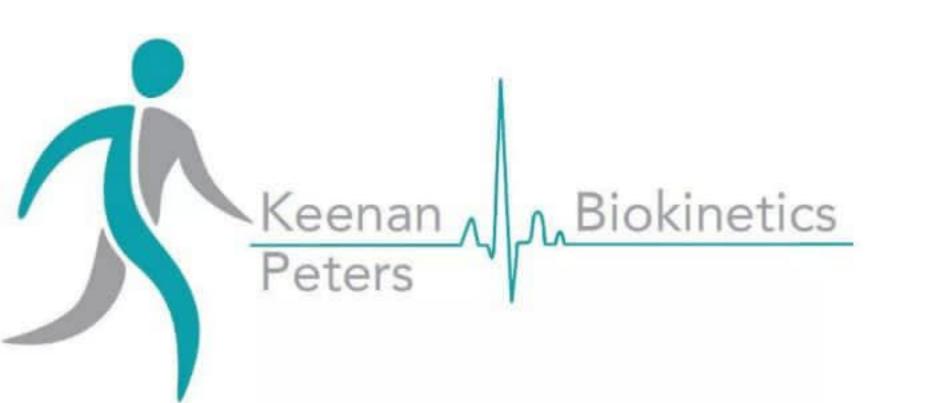
Sport-specific conditioning (R200 per session \*home visits: +R50)

Exercise rehabilitation for musculoskeletal injuries and chronic medical conditions

(Medical aid accepted or R350 per session)

## MAKE YOUR APPOINTMENT TODAY

Keenan 071 879 8891 ⊠ keenan@kpbiokinetics.co.za



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